



Deeper Application Message Guide

"Captive - Change you can believe in"

Week of Aug 22, 2010

Speaker: Jeff Love

Getting Started

- 1) Why do you think many people are so resistant to change?

- 2) Think of a time when change was difficult for you but the result was still positive (ex. Having a baby, getting married, a new job, etc.) Was the change what you expected? Was the outcome?

- 3) Share a time when someone said something to you that was the right thing at the right time.

Into the Bible

- 3) Read **Romans 8:29**. Think through and discuss the process of change that God starts. How should that affect our view of "change"?

Foreknew: God knows everything that will happen, but is not the cause of everything that happens (like sin)

Predestination: God's pre-determined will for those He knew would accept Jesus

Be conformed to image of His Son: Goal is for us to be more and more like Jesus

Be first born among many brethren: Jesus would be the pre-eminent One among many believers

- 4) Read **Proverbs 26:28**
How does lying hurt our relationship with others?

- 5) Read **Ephesians 4:15**.
Why is speaking the truth in love so important?

a) How can people allow God to be in control of what they say?

- b) Read **Ephesians 4:25-26**
Can you think of a time when you had the right type of anger?
What was the result?

Digging Deeper

- 6) Consider this "cycle of a health" and honestly ask yourself:
"Am I moving toward health or resisting God's desire to change me?"

Cycle of health:

1. Healthy things grow
2. Growing things change
3. Change requires risk
4. Risk requires faith
5. Faith makes you healthy.